

OKU
奥
Noun. [U]. Inner part, interior depth, intimate
and sacred. The space hidden within.

FACIALS

High-sensory facials designed to support the skin's natural balance, health, and radiance. Combining advanced natural actives with expert techniques, each treatment restores glow, tone, and firmness while adapting to the skin's needs – leaving the complexion refreshed, luminous, and rebalanced.

Kobido Facial Massage | 50 min 135

Lift & Tone

Kobido facial massage is a Japanese facial lifting technique. A combination of very fast and superficial, with slow and deep massage maneuvers, as well as finger pressure and lymphatic drainage work to relax the muscles, firm the skin, and improve drainage and blood circulation.

OKU Signature Facial Massage | 50 min 180

Hydrate & Sculpt

This signature facial blends tranquil minimalism with Cöel's artisanal biocosmetics, using a water-free hyaluronic acid pomade to hydrate and plump the skin. Sculpting techniques refine texture and support the skin barrier, leaving the complexion smooth, luminous, and balanced.

Queen of Egypt Facial | 60 min 200

Firm & Illuminate

Blending mineral-rich Dead Sea salt and mud, this treatment gently exfoliates, detoxifies, and deeply hydrates the skin. Notes of incense and myrrh evoke ancient rituals as the complexion is smoothed, firmed, and restored to a natural radiance – leaving skin luminous, supple, and revitalised.

Radiance Glow Facial | 90 min 320

Refresh & Glow

Our most complete glow treatment. Lifting massage, sculpting cupping, advanced natural actives, and a double mask work in synergy to decongest, brighten, and visibly revive dull or tired skin. Circulation is stimulated, the complexion refined, and skin left noticeably smoother, fresher, and more radiant.

MASSAGES

A considered range of treatments combining advanced techniques with intuitive touch to restore balance, enhance performance, and elevate overall wellbeing. Whether recovering from travel, physical activity, or late nights, each experience is thoughtfully designed to realign the body, reset the mind, and leave a lasting sense of vitality.

Deep Tissue Massage | 50 min 200

Deep Release

Our most popular massage. Slow, firm, and deeply releasing, it works through chronic tightness, postural strain, and physical fatigue, leaving the body grounded, lengthened, and restored.

Sports Massage Therapy | 50 min 180

Recover & Perform

A dynamic, performance-led treatment combining medium to firm pressure with assisted stretching to improve mobility, recovery, and muscular readiness. Ideal for active bodies, it leaves you re-energised, rebalanced, and ready to move with ease.

Relaxing Massage | 50 min 160

Unwind & Restore

A flowing, deeply calming full-body massage designed to ease muscular tension, settle the nervous system, and restore a lighter, more rested state. Using gentle to medium therapeutic strokes, it supports the release of stress and physical fatigue while improving overall wellbeing. Ideal for stress, exhaustion, or general tension, it leaves the body soft, light, and fully reset.

Manual Lymphatic Drainage Massage | 50 min 220

Detox & De-puff

Precise, feather light techniques stimulate lymphatic flow, reduce puffiness, and ease fluid retention – ideal after travel or late nights – leaving the body clearer, lighter and decongested.

Reflexology | 50 min 160

Balance & Ground

Rooted in the principle that energy flows through meridians from the brain to the feet, reflexology uses targeted pressure on key reflex points to restore nervous system balance and internal harmony. Powerful for stress, fatigue, and mental overload, it leaves you deeply relaxed and rebalanced.

Neck & Shoulder Massage | 30 min 100

Release & Reset

Focused relief for upper-body tension caused by posture, stress and screen time. Slow, targeted work eases tightness through the neck, shoulders and upper back.

Mother to Be Massage | 50 min 180

Soothe & Support

A safe, nurturing prenatal massage using gentle, trimester-aware techniques to ease heaviness, improve circulation, and support your changing body – bringing comfort, calm, and overall wellbeing for both you and your baby.

OKU RITUALS

Immersive full-body experiences designed to guide you inward, blending touch, scent, and technique to calm the nervous system and restore balance. From nourishing, glow-enhancing rituals to detoxifying treatments, each experience reconnects you to a deeper sense of ease and wellbeing.

Aromatherapy Signature Massage | 60 min 200

Calm & Rebalance

A bespoke journey using personalised Alqvimia blends to calm the mind, release tension, and restore energetic balance. Ideal for stress, emotional fatigue, and energetic imbalance, it leaves you grounded, rebalanced, and deeply serene.

OKU Couples Treatment | 60 min 380

Connect & Unwind

A shared spa experience in a private couples suite, where two treatments are enjoyed side by side and tailored to each individual. Designed to create space for relaxation and reconnection, it delivers a calm, aligned experience that leaves you both restored and in harmony – ideal for sharing time together in complete privacy and ease.

Queen of Egypt Ritual | 90 min 350

Illuminate & Renew

An indulgent full-body ritual inspired by ancient Egyptian beauty traditions, combining mineral-rich exfoliation, nourishing care, and warm aromatic notes to smooth, firm, and restore radiance. Designed to deeply renew the skin and envelop the body in sensory luxury, it leaves you luminous, soft, and visibly rebalanced – ideal for a complete moment of restoration and refined self-indulgence.

Essential Golden Glow Ritual | 45 min 220

Restore Radiance

A 45-minute full-body glow ritual from our Queen of Egypt collection, combining gentle exfoliation and skin-renewing care to restore skin radiance and enhance an instant golden glow. Designed for visible skin renewal in less time, it leaves the body soft, luminous, and beautifully refreshed – ideal for when you want immediate radiance and a polished finish.

Total Detox Ritual | 90 min 350

Purify & Recharge

A powerful full-body detox designed to reduce heaviness and restore balance after indulgence, travel, or periods of sluggishness. Stimulating, rhythmic techniques support the release of stagnation, while a digital detox element enhances the nervous system reset. Ideal after travel, celebration, or whenever the body feels depleted, it leaves you feeling lighter, purified, and visibly rebalanced.

Silhouette Body Transformation System | 50 min | 90min 220 | 320

Sculpt & Define

A body sculpting treatment designed to visibly refine the silhouette through draining, shaping, and firming techniques. Available as a 90-minute full-body experience or a 50-minute targeted treatment for areas such as the abdomen, waist, or thighs. Focused on sculpting and refinement, it leaves the body lighter, smoother, and visibly reshaped.

OKU MYSTIC MAGIC EXPERIENCE

Intuitive sessions designed to support reflection, insight, and self-awareness. Using astrology and tarot, each experience brings clarity to patterns, cycles, and personal direction – leaving you with a renewed sense of alignment.

Please note: These sessions require advance booking.

Personal Astrology Reading | 30 min 150

Clarity

Embark on a personalised journey through your birth chart in this 30-minute session. Our in-house astrologer will delve into the cosmic influences that shape your personality, life path, and potential challenges, providing insights to empower your personal growth and self-awareness. This session is tailored to your unique astrological blueprint, offering clarity and guidance for your life's journey.

Couples Astrology Reading | 60 min 180

Connection

Explore the celestial dynamics of your relationship in this 60-minute couples session. Our astrologer will analyse both partners' birth charts to uncover insights into compatibility, communication styles, and shared life goals. This reading aims to deepen mutual understanding and strengthen your bond by highlighting the astrological factors that influence your partnership.

Egyptian Tarot | 20 min 145

Insight

Experience the ancient wisdom of Egyptian Tarot in this focussed 20-minute reading. Drawing upon symbols and archetypes from ancient Egypt, our in-house tarot reader will provide insights into your current life situation, offering guidance and clarity. This session is ideal for those seeking quick yet profound answers to specific questions or concerns.

FITNESS & MINDFULNESS

Private sessions in yoga, personal training, and sound healing designed to reset the body and nervous system. Tailored to your individual needs, each experience builds strength, releases tension, and restores clarity through intelligent movement, breath, and vibration.

Private Yoga* | Meditation | 60 min 150

Personal Trainer | 60 min 130

Private Sound Healing* | 60 min 175

** Private Yoga and Sound Healing Session listed price is for 1 person. Any extra participants are an additional €25.*

SPA ETIQUETTE

Opening hours

Daily 10am - 7pm

Spa reservations

For Spa enquiries or reservations, please contact the Spa reception directly. Advance bookings are recommended to secure your preferred treatment time.

Prior to arrival

We recommend that you leave all your valuables in your room before coming to the Spa. Male guests are advised to shave prior to all facial treatments to ensure that maximum results are achieved.

Arrival

Please arrive 15 minutes prior to your treatment in order to complete your lifestyle & health consultation form and take time to relax in before your spa treatment.

Late arrivals

Out of respect for other guests reservations, please be aware that we are unable to extend your treatment time in case of late arrivals.

Cancellations

Please note that OKU Spa operates a cancellation policy. We kindly request a minimum of 24 hours' notice for the cancellation or rescheduling of all rituals and our OKU Couples Treatment. Individual treatments and massages require a minimum of 3 hours' notice to avoid a cancellation charge of 50%. Failure to attend your appointment without notice will result in a 100% charge.

During your stay

In consideration of other guests, smoking and active mobile phones are not permitted in the Spa. The spa is a sanctuary of peace and harmony, so please be aware of the volume of your voice so as not to disturb other guests.

After your treatment

We recommend that you do not sunbathe after any treatment least six hours. To extend your Spa experience at home, a variety of Spa products are available for purchase at the spa retail store.

Payment

For hotel guests, all treatments will be charged to your room and will appear on your account at the time of departure from the hotel. Otherwise, major credit cards or cash are accepted at the spa reception.

Children

We love children; however, we recommend that you avoid bringing children younger than 8 years old to the Spa.

Prices

All prices listed are in Euros and include VAT.